

## In Your Home

Many modern day ailments such as asthma, allergies and hyperactivity are linked to common chemicals found in the home.

Get informed on how you can make your home and your family healthier and safer by lessening your home's chemical load.

Australians are increasingly spending more time indoors.

On average more than 90% of our time is spent inside. Most people expect their home environments to be safe, healthy and free of risks. However often the inside of our homes is more polluted than the outside. Why are chemicals a concern?

Over the last sixty years we have become increasingly reliant on synthetic chemical products in cleaning, building, maintaining and furnishing our homes. Many common household products and materials contain chemicals that are now known to be hazardous to our health. Children in particular are sensitive to these chemical exposures. Safer Solutions in your home

There many simple, low cost ways that you can reduce the chemical load in your home. The Safer Solutions website is being developed as the primary source of information for householders who are trying to make their way through the home chemical maze. You can start right now to make your home a safer and healthier place.

- Try buying and using products that don't contain hazardous chemicals. Use the A-Z guide to learn more about common chemicals found in and around the home.
- Change the way you clean by using natural and low toxic alternatives to harsh cleaners. See Safer Solutions to Cleaning to find out how.
- Avoid hazardous chemicals in the control of common household pests. Use our Safer Solutions instead.